

| Position | Race Number | Name                | Club             | 1 | 2 | 3 | Total |
|----------|-------------|---------------------|------------------|---|---|---|-------|
| 1        | 116         | Clodagh Deegan      | Oughaval A.C.    |   |   |   |       |
| 2        | 112         | Fia Ní Chomhraidhe  | Emo/Rath A.C.    |   |   |   |       |
| 3        | 126         | Sadie Buckley       | St Michaels A.C. |   |   |   |       |
| 4        | 115         | Feena Rochford      | Oughaval A.C.    |   |   |   |       |
| 5        | 125         | Kay Ryan            | St Michaels A.C. |   |   |   |       |
| 6        | 119         | Hayley Dooley       | Portlaoise A.C.  |   |   |   |       |
| 7        | 111         | Fiadh Conlon        | Ballyfin A.C.    |   |   |   |       |
| 8        | 89          | Alice O'Dwyer       | St Michaels A.C. |   |   |   | 16    |
| 9        | 131         | Lucy Kelly          | St. Abbans A.C.  |   |   |   |       |
| 10       | 127         | Angelina Rastopcina | St Michaels A.C. |   |   |   |       |
| 11       | 133         | Méabh Murrin        | St. Abbans A.C.  |   |   |   |       |
| 12       | 118         | Edith Heffernan     | Portlaoise A.C.  |   |   |   |       |
| 13       | 128         | Kate Brennan        | St. Abbans A.C.  |   |   |   | 33    |
| 14       | 135         | Ava Kealy           | St. Abbans A.C.  |   |   |   |       |
| 15       | 114         | Ailbhe Ryan         | Oughaval A.C.    |   |   |   | 20    |
| 16       | 132         | Charlotte Mc Mahon  | St. Abbans A.C.  |   |   |   |       |
| 17       | 120         | Rachel Reddin       | Portlaoise A.C.  |   |   |   |       |
| 18       | 137         | Niamh Sweeney       | St. Abbans A.C.  |   |   |   |       |
| 19       | 130         | Phoebe Haughney     | St. Abbans A.C.  |   |   |   | 53    |
| 20       | 122         | Lily McDonagh       | Portlaoise A.C.  |   |   |   |       |

|           |     |                 |                 |  |  |  |    |
|-----------|-----|-----------------|-----------------|--|--|--|----|
| <b>21</b> | 117 | Ella Watson     | Portlaoise A.C. |  |  |  |    |
| <b>22</b> | 113 | Moya Brophy     | Emo/Rath A.C.   |  |  |  |    |
| <b>23</b> | 121 | Emily Kelly     | Portlaoise A.C. |  |  |  | 66 |
| <b>24</b> | 134 | Nancy O'Doherty | St. Abbans A.C. |  |  |  |    |
| <b>25</b> | 129 | Lucy Cole       | St. Abbans A.C. |  |  |  |    |

| <b>Team Results</b>                     |
|-----------------------------------------|
| 1. SMAC: (16pts): 3, 5, 8               |
| 2. Oughaval (20pts): 1, 4, 15           |
| 3. St. Abbans (33pts): 9, 11, 13        |
| 3. 3. Portlaoise AC: (39pts): 6, 12, 21 |

| U/ 10 Boys |             |                  |                  | Points |   |   |       |
|------------|-------------|------------------|------------------|--------|---|---|-------|
| Position   | Race Number | Name             | Club             | 1      | 2 | 3 | Total |
| 1          | 68          | Harry Coogan     | Ballyfin A.C.    |        |   |   |       |
| 2          | 74          | Ciaran Goulding  | Oughaval A.C.    |        |   |   |       |
| 3          | 72          | Joe Carroll      | Emo/Rath A.C.    |        |   |   |       |
| 4          | 67          | Harry Conroy     | Ballyfin A.C.    |        |   |   |       |
| 5          | 98          | James Conway     | St. Abbans A.C.  |        |   |   |       |
| 6          | 101         | Isaac Fitzgerald | St. Abbans A.C.  |        |   |   |       |
| 7          | 100         | Ciarán Doyle     | St. Abbans A.C.  |        |   |   | 18    |
| 8          | 110         | Charlie McCann   | St. Abbans A.C.  |        |   |   |       |
| 9          | 69          | Cormac Conroy    | Ballyfin A.C.    |        |   |   | 14    |
| 10         | 83          | Ken Graham       | Portlaoise A.C.  |        |   |   |       |
| 11         | 82          | Seán O'shea      | Portlaoise A.C.  |        |   |   |       |
| 12         | 92          | Pj O'Neill       | St Michaels A.C. |        |   |   |       |
| 13         | 109         | Ethan Walsh      | St. Abbans A.C.  |        |   |   |       |
| 14         | 104         | Darragh Hosey    | St. Abbans A.C.  |        |   |   | 35    |
| 15         | 80          | Sean McDonagh    | Portlaoise A.C.  |        |   |   | 36    |
| 16         | 90          | Jude O'Connell   | St Michaels A.C. |        |   |   |       |
| 17         | 78          | Ben Reddin       | Portlaoise A.C.  |        |   |   |       |
| 18         | 106         | Billy Kealy      | St. Abbans A.C.  |        |   |   |       |
| 19         | 108         | Donnacha Lynch   | St. Abbans A.C.  |        |   |   |       |

|           |     |                     |                  |  |  |  |    |
|-----------|-----|---------------------|------------------|--|--|--|----|
| <b>20</b> | 77  | Adam Quinn          | Portlaoise A.C.  |  |  |  |    |
| <b>21</b> | 93  | Faolán Brennan Ryan | St Michaels A.C. |  |  |  | 49 |
| <b>22</b> | 81  | Jack Burke          | Portlaoise A.C.  |  |  |  | 59 |
| <b>23</b> | 73  | Andy O'Connell      | Emo/Rath A.C.    |  |  |  |    |
| <b>24</b> | 85  | Daniel Fennelly     | Portlaoise A.C.  |  |  |  |    |
| <b>25</b> | 84  | Neil O\'gorman      | Portlaoise A.C.  |  |  |  |    |
| <b>26</b> | 76  | Thomas Deegan       | Oughaval A.C.    |  |  |  |    |
| <b>27</b> | 96  | Jack Brennan        | St. Abbans A.C.  |  |  |  | 64 |
| <b>28</b> | 103 | Ryan Heffernan      | St. Abbans A.C.  |  |  |  |    |
| <b>29</b> | 75  | Donnacha Delaney    | Oughaval A.C.    |  |  |  | 57 |
| <b>30</b> | 91  | Paddy Barrett       | St Michaels A.C. |  |  |  |    |
| <b>31</b> | 97  | Michael Campbell    | St. Abbans A.C.  |  |  |  |    |
| <b>32</b> | 107 | Billy Kelly         | St. Abbans A.C.  |  |  |  | 91 |
| <b>33</b> | 88  | Donagh McCoubrey    | St Michaels A.C. |  |  |  |    |

| Team Results                    |
|---------------------------------|
| Ballyfin A.C.: (14pts): 1, 4, 9 |
| St. Abbans (18pts): 5, 6, 7     |
| St. Abbans (35pts): 8, 13, 14   |

| U/12 Girls |             |                      |                                     | Points |   |   |       |
|------------|-------------|----------------------|-------------------------------------|--------|---|---|-------|
| Position   | Race Number | Name                 | Club                                | 1      | 2 | 3 | Total |
| 1          | 187         | Emma Dunne           | St Michaels A.C.                    |        |   |   |       |
| 2          | 180         | Lily Walsh           | Portlaoise A.C.                     |        |   |   |       |
| 3          | 364         | Sofia O Sullivan     | St. Abbans A.C.                     |        |   |   |       |
| 4          | 355         | Ella Meabh Lyons     | St. Abbans A.C.                     |        |   |   |       |
| 5          | 199         | Aoife Lawlor         | St. Abbans A.C.                     |        |   |   | 12    |
| 6          | 171         | Elaine Lynch         | Emo Rath A.C.                       |        |   |   |       |
| 7          | 189         | Anastasia Zawrotniak | St Michaels A.C.                    |        |   |   |       |
| 8          | 362         | Beibhinn Byrne       | St. Abbans A.C.                     |        |   |   |       |
| 9          | 174         | Doireann Nolan       | Emo/Rath A.C.                       |        |   |   |       |
| 10         | 195         | Amelia Fitzgerald    | St. Abbans A.C.                     |        |   |   |       |
| 11         | 196         | Eve Gohery           | St. Abbans A.C.                     |        |   |   | 29    |
| 12         | 172         | Sadie O'Connell      | Emo/Rath A.C.                       |        |   |   | 27    |
| 13         | 197         | Kate Kelly           | St. Abbans A.C.                     |        |   |   |       |
| 14         | 198         | Lily Knowles         | St. Abbans A.C.                     |        |   |   |       |
| 15         | 170         | Ella Casey           | Ballyroan Abbeyleix & District A.C. |        |   |   |       |
| 16         | 360         | Amy Leonard          | St. Abbans A.C.                     |        |   |   | 43    |
| 17         | 184         | Róisín McCoubrey     | St Michaels A.C.                    |        |   |   | 25    |
| 18         | 178         | Ella Deegan          | Oughaval A.C.                       |        |   |   |       |
| 19         | 363         | Realtin Byrne        | St. Abbans A.C.                     |        |   |   |       |
| 20         | 177         | Aisling O Hara       | Oughaval A.C.                       |        |   |   |       |

|           |     |                   |                  |  |  |  |     |
|-----------|-----|-------------------|------------------|--|--|--|-----|
| <b>21</b> | 192 | Grace Conway      | St. Abbans A.C.  |  |  |  |     |
| <b>22</b> | 179 | Emily Sythes      | Portlaoise A.C.  |  |  |  |     |
| <b>23</b> | 190 | Sofia Byrne       | St Michaels A.C. |  |  |  |     |
| <b>24</b> | 359 | Emma Walsh        | St. Abbans A.C.  |  |  |  | 64  |
| <b>25</b> | 183 | Pippa Bennett     | St Michaels A.C. |  |  |  |     |
| <b>26</b> | 181 | Lucy Cully        | Portlaoise A.C.  |  |  |  | 48  |
| <b>27</b> | 175 | Niamh Goulding    | Oughaval A.C.    |  |  |  | 65  |
| <b>28</b> | 173 | Maisie Owens      | Emo/Rath A.C.    |  |  |  |     |
| <b>29</b> | 185 | Paige Pender      | St Michaels A.C. |  |  |  | 77  |
| <b>30</b> | 194 | Anna Conway       | St. Abbans A.C.  |  |  |  |     |
| <b>31</b> | 200 | Eimear Lazenby    | St. Abbans A.C.  |  |  |  |     |
| <b>32</b> | 182 | Shannon Mc Namara | Portlaoise A.C.  |  |  |  |     |
| <b>33</b> | 356 | Erin McGuinness   | St. Abbans A.C.  |  |  |  | 94  |
| <b>34</b> | 358 | Sorcha Sullivan   | St. Abbans A.C.  |  |  |  |     |
| <b>35</b> | 191 | Anastasiya Lasiy  | St Michaels A.C. |  |  |  |     |
| <b>36</b> | 188 | Helen Emerson     | St Michaels A.C. |  |  |  |     |
| <b>37</b> | 186 | Lola O Leary      | St Michaels A.C. |  |  |  | 108 |
| <b>38</b> | 176 | Emily Browne      | Oughaval A.C.    |  |  |  |     |

|                                  |
|----------------------------------|
| Team Results                     |
| St. Abbans (12pts): 3, 4, 5      |
| SMAC.: (25pts): 1, 7, 17         |
| Emo/Rath A.C.: (27pts): 6, 9, 12 |

| U/12 Boys |             |                 |                                | Points |   |   |       |
|-----------|-------------|-----------------|--------------------------------|--------|---|---|-------|
| Position  | Race Number | Name            | Club                           | 1      | 2 | 3 | Total |
| 1         | 165         | Páidí Murrin    | St. Abbans A.C.                |        |   |   |       |
| 2         | 164         | Callum Kenny    | St. Abbans A.C.                |        |   |   |       |
| 3         | 161         | Joseph Lawler   | St. Abbans A.C.                |        |   |   | 6     |
| 4         | 169         | Rian Bradley    | St. Abbans A.C.                |        |   |   |       |
| 5         | 141         | Charlie Lewis   | Emo/Rath A.C.                  |        |   |   |       |
| 6         | 147         | Tj Dooley       | Portlaoise A.C.                |        |   |   |       |
| 7         | 142         | Sean Hyland     | Emo/Rath A.C.                  |        |   |   |       |
| 8         | 146         | Conor Sugrue    | Portlaoise A.C.                |        |   |   |       |
| 9         | 163         | Dara McDonald   | St. Abbans A.C.                |        |   |   |       |
| 10        | 159         | Reuben Kelly    | St. Abbans A.C.                |        |   |   | 23    |
| 11        | 144         | Dáire Delaney   | Oughaval A.C.                  |        |   |   |       |
| 12        | 162         | Sean McDonald   | St. Abbans A.C.                |        |   |   |       |
| 13        | 157         | Brenin Haughney | St. Abbans A.C.                |        |   |   |       |
| 14        | 153         | Billy Maree     | Emo/Rath A.C.                  |        |   |   | 26    |
| 15        | 158         | Matthew Keane   | St. Abbans A.C.                |        |   |   | 30    |
| 16        | 168         | Ryan Walsh      | St. Abbans A.C.                |        |   |   |       |
| 17        | 151         | Brady O'Neill   | St Michaels A.C.               |        |   |   |       |
| 18        | 154         | Ben Conway      | St. Abbans A.C.                |        |   |   |       |
| 19        | 140         | Tristan O'brien | Ballyroan Abbeyleix & District |        |   |   |       |

|           |     |                |                  |  |  |  |    |
|-----------|-----|----------------|------------------|--|--|--|----|
| <b>20</b> | 160 | Conor Kennedy  | St. Abbans A.C.  |  |  |  | 54 |
| <b>21</b> | 150 | David Fanning  | St Michaels A.C. |  |  |  |    |
| <b>22</b> | 148 | Padraig Fox    | Portlaoise A.C.  |  |  |  | 36 |
| <b>23</b> | 156 | Dónal Farrell  | St. Abbans A.C.  |  |  |  |    |
| <b>24</b> | 152 | Henry Barrett  | St Michaels A.C. |  |  |  | 62 |
| <b>25</b> | 145 | Tadhg Rochford | Oughaval A.C.    |  |  |  |    |
| <b>26</b> | 155 | Harry Cole     | St. Abbans A.C.  |  |  |  |    |

|                                  |
|----------------------------------|
| Team Results                     |
| St. Abbans (12pts): 1, 2, 3      |
| St. Abbans (12pts): 4, 9, 10     |
| Emo/Rath A.C.: (23pts): 5, 7, 14 |



| U/14 Girls |             |                         |                                   | Points |   |   |       |
|------------|-------------|-------------------------|-----------------------------------|--------|---|---|-------|
| Position   | Race Number | Name                    | Club                              | 1      | 2 | 3 | Total |
| 1          | 408         | Éabha McCoubrey         | St Michaels A.C.                  |        |   |   |       |
| 2          | 402         | Aoileann Ni Chomhraidhe | Emo/Rath A.C.                     |        |   |   |       |
| 3          | 421         | Ella Murray             | St. Abbans A.C.                   |        |   |   |       |
| 4          | 406         | Aoibhe O'shea           | Portlaoise A.C.                   |        |   |   |       |
| 5          | 409         | Aisling Brady           | St Michaels A.C.                  |        |   |   |       |
| 6          | 411         | Grainne Emerson         | St Michaels A.C.                  |        |   |   | 12    |
| 7          | 413         | Abigail Daly            | St. Abbans A.C.                   |        |   |   |       |
| 8          | 416         | Mollie Kelly            | St. Abbans A.C.                   |        |   |   | 18    |
| 9          | 422         | Faye Brennan            | St. Abbans A.C.                   |        |   |   |       |
| 10         | 418         | Leigha Kenny            | St. Abbans A.C.                   |        |   |   |       |
| 11         | 404         | Leah Foley              | Oughaval A.C.                     |        |   |   |       |
| 12         | 420         | Jean Lawler             | St. Abbans A.C.                   |        |   |   | 31    |
| 13         | 403         | Aine Goulding           | Oughaval A.C.                     |        |   |   |       |
| 14         | 405         | Shannon Dooley          | Portlaoise A.C.                   |        |   |   |       |
| 15         | 401         | Meabh Dunne             | Ballyroan Abbeyleix & District A. |        |   |   |       |
| 16         | 423         | Isabel McCann           | St. Abbans A.C.                   |        |   |   |       |
| 17         | 407         | Caoimhe Fox             | Portlaoise A.C.                   |        |   |   | 35    |
| 18         | 412         | Abigail Brophy          | St Michaels A.C.                  |        |   |   |       |

|                               |
|-------------------------------|
| Team Results                  |
| SMAC (12pts): 1, 5, 6         |
| St. Abbans (12pts): 3, 7, 8   |
| St. Abbans (12pts): 9, 10, 12 |



## Laois County Cross Country Championships Day 3

Development & Masters - 6th October 2024

Hosted by St. Michaels A.C. – Venue: Emo Court House

| U/14 Boys |             |                  |                                | Points |   |   |       |
|-----------|-------------|------------------|--------------------------------|--------|---|---|-------|
| Position  | Race Number | Name             | Club                           | 1      | 2 | 3 | Total |
| 1         | 279         | Dylan Doyle      | St. Abbans A.C.                |        |   |   |       |
| 2         | 266         | Harry Brennan    | St. Abbans A.C.                |        |   |   |       |
| 3         | 273         | Cathal English   | St. Abbans A.C.                |        |   |   | 6     |
| 4         | 263         | Auryn Ryan       | Oughaval A.C.                  |        |   |   |       |
| 5         | 256         | Senan Conlon     | Ballyfin A.C.                  |        |   |   |       |
| 6         | 268         | Darragh Buggy    | St. Abbans A.C.                |        |   |   |       |
| 7         | 269         | Fionn Campbell   | St. Abbans A.C.                |        |   |   |       |
| 8         | 272         | MJ Dowling       | St. Abbans A.C.                |        |   |   | 21    |
| 9         | 277         | Dara Sweeney     | St. Abbans A.C.                |        |   |   |       |
| 10        | 258         | Lachlan Fennelly | Ballyroan Abbeyleix & District |        |   |   |       |
| 11        | 262         | Blake Thomas     | Oughaval A.C.                  |        |   |   |       |
| 12        | 265         | George Hackett   | St Michaels A.C.               |        |   |   |       |

|           |     |                |                 |  |  |  |  |
|-----------|-----|----------------|-----------------|--|--|--|--|
| <b>13</b> | 260 | Dan Carroll    | Emo/Rath A.C.   |  |  |  |  |
| <b>14</b> | 264 | Jack Ruth      | Portlaoise A.C. |  |  |  |  |
| <b>15</b> | 270 | Charlie Conway | St. Abbans A.C. |  |  |  |  |
| <b>16</b> | 261 | Darragh Hyland | Emo/Rath A.C.   |  |  |  |  |

|                             |
|-----------------------------|
| Team Results                |
| St. Abbans (6pts): 1, 2, 3  |
| St. Abbans (21pts): 6, 7, 8 |



## Laois County Cross Country Championships Day 3

Development & Masters - 6th October 2024

Hosted by St. Michaels A.C. – Venue: Emo Court House

| U/16 Girls |             |                    |                                | Points |   |   |       |
|------------|-------------|--------------------|--------------------------------|--------|---|---|-------|
| Position   | Race Number | Name               | Club                           | 1      | 2 | 3 | Total |
| 1          | 294         | Katie Harnett      | St. Abbans A.C.                |        |   |   |       |
| 2          | 300         | Olivia O'Flanagan  | Oughaval A.C.                  |        |   |   |       |
| 3          | 338         | Lauren O'Flanagan  | Oughaval A.C.                  |        |   |   |       |
| 4          | 293         | Karen Melia        | St Michaels A.C.               |        |   |   |       |
| 5          | 299         | Cliona O' Flanagan | Oughaval A.C.                  |        |   |   | 10    |
| 6          | 292         | Sara Fanning       | St Michaels A.C.               |        |   |   |       |
| 7          | 296         | Ellen O'Mahony     | Ballyroan Abbeyleix & District |        |   |   |       |
| 8          | 298         | Heidi Browne       | Oughaval A.C.                  |        |   |   |       |

|                                |
|--------------------------------|
| Team Results                   |
| Oughaval A.C. (10pts): 2, 3, 5 |
|                                |



## Laois County Cross Country Championships Day 3

Development & Masters - 6th October 2024

Hosted by St. Michaels A.C. – Venue: Emo Court House

| U/16 Boys |             |                 |                  | Points |   |   |       |
|-----------|-------------|-----------------|------------------|--------|---|---|-------|
| Position  | Race Number | Name            | Club             | 1      | 2 | 3 | Total |
| 1         | 291         | Eoin Mulkerrins | St. Abbans A.C.  |        |   |   |       |
| 2         | 288         | Kalem Buggy     | St. Abbans A.C.  |        |   |   |       |
| 3         | 286         | Pablo Gonzalez  | St Michaels A.C. |        |   |   |       |
| 4         | 290         | Cormac Fenlon   | St. Abbans A.C.  |        |   |   | 7     |
| 5         | 284         | Peter Fanning   | St Michaels A.C. |        |   |   |       |
| 6         | 282         | Cormac Foley    | Oughaval A.C.    |        |   |   |       |
| 7         | 283         | JJ Reddin       | Portlaoise A.C.  |        |   |   |       |

### Team Results

St. Abbans A.C. (7pts): 1, 2, 4

| Masters Ladies, Master Men 0 65and Junior Ladies |             |                      |                                 |           |               | Points |   |   |       |
|--------------------------------------------------|-------------|----------------------|---------------------------------|-----------|---------------|--------|---|---|-------|
| Position                                         | Race Number | Name                 | Club                            | Age Group | Team Category | 1      | 2 | 3 | Total |
| 1                                                | 17          | Lisa Sweeney         | St Michaels A.C.                | O/35      | O/35          |        |   |   |       |
| 2                                                | 24          | Siobhán O'Loughlin   | St Michaels A.C.                | Junior    | Junior        |        |   |   |       |
| 3                                                | 37          | Martin McDonald      | Ballyroan Abbeyleix & District  | O/65      |               |        |   |   |       |
| 4                                                | 2           | Michelle Keenan      | Ballyroan Abbeyleix & District. | O/35      | O/35          |        |   |   |       |
| 5                                                | 28          | Caitlin Dillon Byrne | St. Abbans A.C.                 | Junior    | Junior        |        |   |   |       |
| 6                                                | 7           | Paula Guinan         | Oughaval A.C.                   | O/35      | O/35          |        |   |   |       |
| 7                                                | 23          | Katlyn Reddin        | Portlaoise A.C.                 | Junior    | Junior        |        |   |   | 14    |
| 8                                                | 21          | Aileen Lynch         | St. Abbans A.C.                 | O/35      | O/35          |        |   |   |       |
| 9                                                | 57          | Francis Fleming      | St. Abbans A.C.                 | O/65      |               |        |   |   |       |
| 10                                               | 27          | Annabelle Lawlor     | St. Abbans A.C.                 | Junior    | Junior        |        |   |   |       |
| 11                                               | 3           | Martina Dunne        | Oughaval A.C.                   | O/35      | O/35          |        |   |   |       |
| 12                                               | 11          | Catherine O'flanagan | Portlaoise A.C.                 | O/45      | O/45          |        |   |   |       |
| 13                                               | 19          | Olivia Sheerin       | St Michaels A.C.                | O/55      | O/45          |        |   |   |       |

|           |     |                     |                  |        |        |  |  |  |                      |
|-----------|-----|---------------------|------------------|--------|--------|--|--|--|----------------------|
| <b>14</b> | 5   | Frances Lalor       | Oughaval A.C.    | O/45   | O/35   |  |  |  | <b>31<br/>(O/35)</b> |
| <b>15</b> | 354 | Deirdre Millar      | Oughaval A.C.    | O/35   | O/35   |  |  |  |                      |
| <b>16</b> | 20  | Karen Kavanagh      | St. Abbans A.C.  | O/45   | O/35   |  |  |  |                      |
| <b>17</b> | 25  | Poppy Hackett       | St Michaels A.C. | Junior | Junior |  |  |  |                      |
| <b>18</b> | 15  | Pippa Hackett       | St Michaels A.C. | O/45   | O/45   |  |  |  |                      |
| <b>19</b> | 26  | Heidi Hackett       | St Michaels A.C. | Junior | Junior |  |  |  |                      |
| <b>20</b> | 4   | Catherine Stapleton | Oughaval A.C.    | O/55   | O/35   |  |  |  |                      |
| <b>21</b> | 18  | Claire Carroll      | St Michaels A.C. | O/35   | O/35   |  |  |  |                      |
| <b>22</b> | 12  | Noreen Daly         | Portlaoise A.C.  | O/55   | O/45   |  |  |  |                      |
| <b>23</b> | 10  | Lucy Dunne          | Portlaoise A.C.  | O/55   | O/45   |  |  |  | <b>57<br/>(O/45)</b> |
| <b>24</b> | 22  | Carmel Ryan         | St. Abbans A.C.  | O/45   | O/35   |  |  |  | <b>48<br/>(O/35)</b> |
| <b>25</b> | 16  | Valerie McAuliffe   | St Michaels A.C. | O/45   | O/45   |  |  |  | <b>56<br/>(O/45)</b> |
| <b>26</b> | 14  | Amy Havens          | St Michaels A.C. | O/35   | O/35   |  |  |  | <b>48<br/>(O/35)</b> |
| <b>27</b> | 13  | Caroline Cullen     | St Michaels A.C. | O/35   | O/35   |  |  |  |                      |

|                          |
|--------------------------|
| Master O.35 Team Results |
|--------------------------|

|                              |
|------------------------------|
| Oughaval: (31pts): 6, 11, 14 |
|------------------------------|

|                               |
|-------------------------------|
| St. Abbans (48pts): 8, 16, 24 |
|-------------------------------|

|                          |
|--------------------------|
| SMAC: (48pts): 1, 21, 26 |
|--------------------------|

|                           |
|---------------------------|
| Masters O.45 Team Results |
|---------------------------|

|                           |
|---------------------------|
| SMAC: (56pts): 13, 18, 25 |
|---------------------------|

|                                 |
|---------------------------------|
| Portlaoise: (57pts): 12, 22, 23 |
|---------------------------------|

|                            |
|----------------------------|
| Junior Ladies Team Results |
|----------------------------|

|                        |
|------------------------|
| SMAC: (14pts): 2, 5, 7 |
|------------------------|

|                   |             |                 |
|-------------------|-------------|-----------------|
| <b>Individual</b> | <b>O/35</b> | Lisa Sweeney    |
|                   |             | Michelle Keenan |
|                   |             | Paula Guinan    |

|                   |             |                      |
|-------------------|-------------|----------------------|
| <b>Individual</b> | <b>O/45</b> | Catherine O'flanagan |
|                   |             | Frances Lalor        |
|                   |             | Karen Kavanagh       |

|                   |             |                     |
|-------------------|-------------|---------------------|
| <b>Individual</b> | <b>O/55</b> | Olivia Sheerin      |
|                   |             | Catherine Stapleton |
|                   |             | Noreen Daly         |

|                   |               |                      |
|-------------------|---------------|----------------------|
| <b>Individual</b> | <b>Junior</b> | Siobhán O'Loughlin   |
|                   |               | Caitlin Dillon Byrne |
|                   |               | Katlyn Reddin        |

|                   |                     |                 |
|-------------------|---------------------|-----------------|
| <b>Individual</b> | <b>O/65<br/>Men</b> | Martin McDonald |
|                   |                     | Francis Fleming |
|                   |                     |                 |
|                   |                     |                 |



| Masters and Junior Men |             |                   |                                |           |               | Points |   |   |   |       |
|------------------------|-------------|-------------------|--------------------------------|-----------|---------------|--------|---|---|---|-------|
| Position               | Race Number | Name              | Club                           | Age Group | Team Category | 1      | 2 | 3 | 4 | Total |
| 1                      | 52          | Colin Coyne       | St. Abbans A.C.                | O/45      | O/35          |        |   |   |   |       |
| 2                      | 54          | John Fenlon       | St. Abbans A.C.                | O/45      | O/45          |        |   |   |   |       |
| 3                      | 53          | Dermot Ayres      | St. Abbans A.C.                | O/45      | O/45          |        |   |   |   |       |
| 4                      | 59          | David Mc Evoy     | St. Abbans A.C.                | O/35      | O/35          |        |   |   |   |       |
| 5                      | 33          | Ronan O Reilly    | Ballyroan Abbeyleix & District | O/55      | O/35          |        |   |   |   |       |
| 6                      | 42          | Keith Coughlan    | St Michaels A.C.               | O/35      | O/35          |        |   |   |   |       |
| 7                      | 51          | Patrick Dunne     | St. Abbans A.C.                | O/45      | O/45          |        |   |   |   |       |
| 8                      | 343         | Paddy Mc Loughlin | Oughaval A.C.                  | O/55      | O/45          |        |   |   |   |       |
| 9                      | 55          | Conor Barry       | St. Abbans A.C.                | O/35      | O/35          |        |   |   |   |       |
| 10                     | 30          | Tony James Cox    | Ballyfin A.C.                  | O/35      | O/35          |        |   |   |   |       |
| 11                     | 31          | Paul Williamson   | Ballyfin A.C.                  | O/35      | O/35          |        |   |   |   |       |

|    |    |                  |                                |        |        |  |  |  |  |              |
|----|----|------------------|--------------------------------|--------|--------|--|--|--|--|--------------|
| 12 | 29 | Liam Buggy       | Ballyfin A.C.                  | O/35   | O/35   |  |  |  |  |              |
| 13 | 35 | Tom Dunne        | Ballyroan Abbeyleix & District | O/35   | O/35   |  |  |  |  |              |
| 14 | 48 | Derek Coogan     | St Michaels A.C.               | O/55   | O/45   |  |  |  |  |              |
| 15 | 56 | PJ Leonard       | St. Abbans A.C.                | O/45   | O/45   |  |  |  |  | 27<br>(O/45) |
| 16 | 61 | William Kelly    | St. Abbans A.C.                | O/35   | O/35   |  |  |  |  | 30<br>(O/35) |
| 17 | 50 | Liam Byrne       | St. Abbans A.C.                | O/45   | O/45   |  |  |  |  |              |
| 18 | 63 | Seamus Brennan   | St. Abbans A.C.                | O/35   | O/35   |  |  |  |  |              |
| 19 | 34 | Alex Caraffi     | Ballyroan Abbeyleix & District | O/35   | O/35   |  |  |  |  |              |
| 20 | 32 | Shane Delaney    | Ballyfin A.C.                  | O/35   | O/35   |  |  |  |  | 53<br>(O/35) |
| 21 | 43 | George Sharpe    | St Michaels A.C.               | O/55   | O/45   |  |  |  |  |              |
| 22 | 41 | Barra Ó Nualláin | Oughaval A.C.                  | O/35   | O/35   |  |  |  |  |              |
| 23 | 38 | John F Boland    | Oughaval A.C.                  | O/45   | O/45   |  |  |  |  |              |
| 24 | 62 | Mark Delaney     | St. Abbans A.C.                | O/35   | O/35   |  |  |  |  |              |
| 25 | 49 | Raymond McGill   | St Michaels A.C.               | O/45   | O/45   |  |  |  |  |              |
| 26 | 66 | Cillian Whearty  | Oughaval A.C.                  | Junior | Junior |  |  |  |  |              |
| 27 | 65 | Conor Byrne      | Oughaval A.C.                  | Junior | Junior |  |  |  |  |              |
| 28 | 39 | James Ryan       | Oughaval A.C.                  | O/35   | O/35   |  |  |  |  |              |

|           |     |                  |                                |      |      |  |  |  |  |                      |
|-----------|-----|------------------|--------------------------------|------|------|--|--|--|--|----------------------|
| <b>29</b> | 47  | Tony Vaughan     | St Michaels A.C.               | O/45 | O/45 |  |  |  |  | <b>89<br/>(O/45)</b> |
| <b>30</b> | 40  | Jimmy McLoughlin | Oughaval A.C.                  | O/45 | O/45 |  |  |  |  |                      |
| <b>31</b> | 36  | Alan Fox         | Ballyroan Abbeyleix & District | O/35 | O/35 |  |  |  |  | <b>68<br/>(O/35)</b> |
| <b>32</b> | 300 | Sean McEvoy      | Oughaval A.C.                  | O/45 | O/45 |  |  |  |  | <b>93<br/>(O/45)</b> |

|                   |             |                |
|-------------------|-------------|----------------|
| <b>Individual</b> | <b>O/35</b> | David Mc Evoy  |
|                   |             | Keith Coughlan |
|                   |             | Conor Barry    |

|                   |             |              |
|-------------------|-------------|--------------|
| <b>Individual</b> | <b>O/45</b> | Colin Coyne  |
|                   |             | John Fenlon  |
|                   |             | Dermot Ayres |

|                   |             |                   |
|-------------------|-------------|-------------------|
| <b>Individual</b> | <b>O/55</b> | Ronan O Reilly    |
|                   |             | Paddy Mc Loughlin |
|                   |             | Derek Coogan      |

|                   |               |                 |
|-------------------|---------------|-----------------|
| <b>Individual</b> | <b>Junior</b> | Cillian Whearty |
|                   |               | Conor Byrne     |
|                   |               |                 |

|                                 |
|---------------------------------|
| Master's 0.45 Team Results      |
| St. Abbans (27pts): 2, 3, 7, 15 |
| SMAC: (89pts): 14, 21, 25, 29   |
| Oughaval (93pts): 8, 23, 30, 32 |

|                                      |
|--------------------------------------|
| Maters O.35 Team Results             |
| St. Abbans (30pts): 1, 4, 9, 16      |
| Ballyfin AC: (53pts): 10, 11, 12, 20 |
| B.A.D (68pts): 5, 13, 19, 31         |