

Laois Intermediate Ladies Road Race 3KM										
Ladies Results				TEAM SCORES						
Pos.	ATHLETE'S NAME	CLUB	Time	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Rebecca Condell	Ballyroan,Abbeyleix & District A.C.	12:18					Ballyroan,Abbeyleix & District A.C. Rebecca Condell Liz McWey Patricia Troy Mairead Sinnot	19	1st
2	Sarah Fleming	St Abbans A.C.	12:22							
3	Liz McWey	Ballyroan,Abbeyleix & District A.C.	13:12							
4	Ilona Baczynska	St Michael's A.C.	13:34							
5	Olivia Sheerin	St Michael's A.C.	13:52					St Michael's A.C. Ilona Baczynksa Olivia Sheerin Claire O'Connell Caroline Cullen	24	2nd
6	Claire O'Connell	St Michael's A.C.	14:38							
7	Patricia Troy	Ballyroan,Abbeyleix & District A.C.	15:19							
8	Mairead Sinnot	Ballyroan,Abbeyleix & District A.C.	16:32							
9	Caroline Cullen	St Michael's A.C.	17:11							

Laois Intermediate Men's Road Race 6KM											
Mens Results				TEAM SCORES							
Pos.	ATHLETE'S NAME	CLUB	Time	1	2	3	4	WINNING CLUBS	POINTS	PLACE	
1	Jack McMahon	Ballyroan,Abbeyleix & District A.C.	19:36					Oughaval A.C.	22	1st	
2	Kristian Redmond	Oughaval A.C.	20:09					Christian Redmond			
3	William Kerr	Ballyroan,Abbeyleix & District A.C.	20:13					Daniel McLoughlin			
4	David McEvoy	St Abbans A.C.	20:29					Oisin Jago			
5	Daniel McLoughlin	Oughaval A.C.	20:39					Colin Fennin			
6	Tom Kenny	St Abbans A.C.	20:59					St Abbans A.C.	29	2nd	
7	Oisin Jago	Oughaval A.C.	21:50					David McEvoy			
8	Colin Fennin	Oughaval A.C.	21:53					Tom Kenny			
9	Stephen Lawler	St Abbans A.C.	21:54					Stephen Lawler			
10	Billy Ramsbottom	St Abbans A.C.	22:02					Billy Ramsbottom			
11	Joseph Fitzpatrick	Oughaval A.C.	22:11					Ballyroan,Abbeyleix & District A.C.	34	3rd	
12	Conor Barry	St Abbans A.C.	23:07					Jack McMahon			
13	Alex Caraffi	Ballyroan,Abbeyleix & District A.C.	23:15					William Kerr			
14	Derek Coogan	St Michael's A.C.	23:43					Alex Caraffi			
15	Liam Byrne	St Abbans A.C.	23:45					Ciaran Friel			
16	Seamus McCoubrey	St Michael's A.C.	23:56								
17	Ciaran Friel	Ballyroan,Abbeyleix & District A.C..	24:00								
18	Raymond McGill	St Michael's A.C.	24:05								
19	Aidan McGee	St Michael's A.C.	24:42								
20	Donal Heagney	Portlaoise	24:56								
21	James Nolan	St Abbans A.C.	25:48								
22	Tony Vaughan	St Michael's A.C.	26:44								