



Laois Senior Road Championships 2025
Venue: Ballyroan Village
Host: Ballyroan/Abbeyleix & District A.C.

Senior Ladies 4km										
#	Name	Club	Time	1	2	3	4	Team Results		
1	Kate McDonald	Ballyroan/Abbeyleix & District A.C.	12:48					1st Team	Ballyroan/Abbeyleix&District A.C.	16 Points
2	Lisa Sweeney	Michaels A.C.	13:14						Kate McDonald, Breda McDonald, Michelle Keenan & Rebecca	1,3,4,8
3	Breda McDonald	Ballyroan/Abbeyleix & District A.C.	13:34					2nd Team	Michaels A.C.	32 points
4	Michelle Keenan	Ballyroan/Abbeyleix & District A.C.	14:06						Lisa Sweeney, Cara Dooley, Aine O'Loughin & Oliva Sheeran	2,7,10,13
5	Niamh Quinn	St Abbans A.C.	14:19					3rd Team	St. Abban's A.C.	36 points
6	Claire Phelan	St Abbans A.C.	15:05						Niamh Quinn, Claire Phelan, Aileen Lynch & Sinead Kelly	5,6,11,14
7	Cara Dooley	Michaels A.C.	15:20							
8	Rebecca Condell	Ballyroan/Abbeyleix & District A.C.	15:28							
9	Aoife McEvoy	Portlaoise A.C.	15:44							
10	Aine O'Loughin	Michaels A.C.	15:48							
11	Aileen Lynch	St Abbans A.C.	16:00							
12	Martina Dunne	Oughaval A.C.	16:05							
13	Oliva Sheeran	Michaels A.C.	16:08							
14	Sinead Kelly	St Abbans A.C.	16:16							
15	Ilona BA.C.zynska	Michaels A.C.	16:26							
16	Poppy HA.C.kett	Michaels A.C.	16:38							
17	Pippa HA.C.kett	Michaels A.C.	16:44							
18	Liz McWey	Ballyroan/Abbeyleix & District A.C.	17:01							
19	Anna Duggan	Portlaoise A.C.	17:08							
20	Rebecca Marshall	Portlaoise A.C.	18:02							



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Senior Men's 8km									
#	Name	Club	Time	1	2	3	4	Team Results	
1	Cian Kelly	St. Abban's A.C.	27.00					1st Team	Ballyroan/Abbeyleix & District A.C. 18 Points
2	Cian McDonald	Ballyroan/Abbeyleix & District A.C.	27.14						Cian McDonald, Jack McMahon, Eoghan Whelan & Ronan O'Reilly 2,4,5,7
3	Brian Kelly	St. Abban's A.C.	28.46					2nd Team	St. Abban's A.C. 19 Points
4	Jack McMahon	Ballyroan/Abbeyleix & District A.C.	29.06						Cian Kelly, Brian, Kelly, Stephen Hunter & Colin Coyne 1,3,6,9
5	Eoghan Whelan	Ballyroan/Abbeyleix & District A.C.	29.53					3rd Team	Oughaval A.C. 59 Points
6	Stephen Hunter	St. Abban's A.C.	30.04						Kristian Redmond, Daniel McLoughlin, Joseph FitzPatrick & Shane Holohan 8,12,18,21
7	Ronan O'Reilly	Ballyroan/Abbeyleix & District A.C.	30.12						
8	Kristian Redmond	Oughaval A.C.	30.19						
9	Colin Coyne	St. Abban's A.C.	30.27						
10	David McEvoy	St. Abban's A.C.	30.36						
11	William Kerr	Ballyroan/Abbeyleix & District A.C.	30.45						
12	Daniel McLoughlin	Oughaval A.C.	31.00						
13	Dermot Ayres	St. Abban's A.C.	31.14						
14	Rory Morrissey	Michaels AC	31.45						
15	Nikolas De Giorgis	Portlaoise A.C.	32.16						
16	John Troy	Ballyroan/Abbeyleix & District A.C.	32.35						
17	Mark Hackett	Michaels AC	33.31						
18	Joseph Fitzpatrick	Oughaval A.C.	33.49						
19	Steven Conroy	Michaels AC	33.5						
20	Derek Coogan	Michaels AC	35.09						
21	Shane Holohan	Oughaval A.C.	36.4						
22	Donal Heagney	Portlaoise A.C.	37.02						
23	Seamus McCoubrey	Michaels AC	37.14						
24	Patrick Marshall	Portlaoise A.C.	37.15						
25	Aidan McGee	Michaels AC	38.20						
26	James Nolan	St. Abban's A.C.	38.47						



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27	John Bolan	Oughaval A.C.	39.27						
28	Tony Vaughan	Michaels AC	40.29						
29	John McMahon	Portlaoise A.C.	40.42						
30	Sean Murphy	Michaels AC	43.14						