

***** 123.ie National U20 & U23 T&F Championships *****

Held in Tullamore on 5th July 2025

***** National U20 Title for Lucy *****

Well done to our club athletes who were competing at the National U20 & U23 T&F Championships held in Tullamore today.

Massive Congratulations to Lucy Fitzgerald who took gold 🏆 in the U20 Women's Triple Jump with a jump of 11.17m 🍌🍌🍌

Club Results...

U20 Women 800m - Rachel AYRES H2 6th 2:21.86

U20 Women Long Jump - Lucy FITZGERALD 6th 5.09m

U20 Women Triple Jump - Lucy FITZGERALD 1st 🏆 11.17m, Katie BALDWIN 4th 10.76m

U20 Men 400m - James HYLAND H4 6th 54.20 (PB)

U20 Men 800m - John DELANEY H3 4th 1:57.55 q / Final 7th 1:59.54

U9 Girls