

# St. Abban's Athletic Club

## Coaches/Officials/Mentors Code of Conduct

All coaches/officials/mentors involved with children and young people on club and at performance Squads should:

- Consider the wellbeing and safety of participants before the development of performance.
- Develop an appropriate working relationship with participants, based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability, and the experience of athletes.
- Promote the positive aspects of the sport (e.g., fair play)
- Display consistently high standards of behaviour.
- Follow all guidelines laid down by the National Governing Body
- Hold appropriate qualifications and insurance cover.
- Never exert undue influence over participants to gain personal benefit or reward.
- Never condone rule violations, rough play, or the use of prohibited substances.
- Encourage participants to value their performances and not just results.
- Encourage and guide participants to accept responsibility for their own performance and behaviour.
- Never use foul or inappropriate language.
- Never engage in any form of sexual relations with anyone under the age of 18, or vulnerable adults.
- Never engage in one-to-one coaching without a guardian or other appropriate adult within sight or hearing distance.
- Notify child welfare officer of any training taking place outside regular training periods. Tuesday, Fryday 6:30 - 9pm and Sunday 10- 12pm.
- Do not communicate individually by social media, text, or email with juvenile athletes.
- Do not engage in communications with underage athletes individually via personal social network sites.
- Always use official squad group text or social media sites to communicate with juvenile athletes.
- A coach should under no circumstance undermine the efforts of an athlete's personal coach and/or attempt to 'poach' an athlete within a squad environment.
- All coaches/officials/mentors must read, understand, and put in to practice all club policies and procedures.
- Coaches/officials/mentors will always show respect for each other and will not engage in any form of behaviour that could have a negative impact on athletes or other coaches including the undermining.

I have fully read the Athletics Ireland Code of Ethics and understand this code of conduct and will ensure that my conduct and practice reflect the above policies and practices contained within the Code of Ethics.

Signed: .....

Name: ..... Date: .....